

## **JANUARY 2024 NPHS LUNCH MENU**

<u><b>MONDAY</b></u>	<u><b>TUESDAY</b></u>	<u><b>WEDNESDAY</b></u>	<u><b>THURSDAY</b></u>	<u><b>FRIDAY</b></u>
<b>JANUARY 1</b>  <p style="text-align: center;">NO SCHOOL</p>	<b>JANUARY 2</b>  <p style="text-align: center;">Cheese Burger on Bun Tater Tots Fruit Cup Variety of Milk</p>	<b>JANUARY 3</b>  <p style="text-align: center;">Bosco Sticks with Pasta and Marinara Sauce Steamed Broccoli Fruit Cup Fresh Vegetable and Fresh Fruit Selection Milk</p>	<b>JANUARY 4</b>  <p style="text-align: center;">Knights Chicken Bowl with Dinner Roll Fresh Vegetable and Fresh Fruit Selection Milk</p>	<b>JANUARY 5</b>  <p style="text-align: center;">Chicken or Cheese Quesadilla Spanish Rice Fresh Vegetable and Fresh Fruit Selection Fruit Cup Milk</p>
<b>JANUARY 8</b>  <p style="text-align: center;">Breaded Mozzarella Sticks with Pasta and Marinara Sauce Tossed Garden Salad Fruit Cup Variety of Milk</p>	<b>JANUARY 9</b>  <p style="text-align: center;">Chicken Nuggets with Waffle Tossed Garden Salad 100% Apple Juice Variety of Milk</p>	<b>JANUARY 10</b>  <p style="text-align: center;">Pork Carnitas, Chicken or Bean Burrito Bowl Cilantro Rice Spanish Beans Corn Salsa Fruit Cup Variety of Milk</p>	<b>JANUARY 11</b>  <p style="text-align: center;">Fish Sticks with Macaroni &amp; Cheese Cole Slaw 100% Fruit Punch Variety of Milk</p>	<b>JANUARY 12</b>  <p style="text-align: center;">Spicy Chicken Filet on Bun Macaroni Salad Steamed Broccoli 100% Fruit Punch Variety of Milk</p>
<b>JANUARY 15</b>  <p style="text-align: center;">NO SCHOOL</p>	<b>JANUARY 16</b>  <p style="text-align: center;">Chicken Tenders with Dinner Roll Baked Sweet Potato Tossed Garden Salad 100% Apple Juice Variety of Milk</p>	<b>JANUARY 17</b>  <p style="text-align: center;">Chicken or Vegetarian Lo Mein Steamed Broccoli Peach Cup Fresh Vegetable and Fresh Fruit Selection Variety of Milk</p>	<b>JANUARY 18</b>  <p style="text-align: center;">BBQ Chicken Waffle Fry Bowl with Biscuit Cole Slaw Fruit Cup Variety of Milk</p>	<b>JANUARY 19</b>  <p style="text-align: center;">EARLY DISMISSAL NO LUNCH</p>
<b>JANUARY 22</b>  <p style="text-align: center;">Pasta with Meatballs or Pasta with Cheese and Sauce Garlic Bread Steamed Broccoli Fruit Cup Variety of Milk</p>	<b>JANUARY 23</b>  <p style="text-align: center;">Oven Roasted Chicken with Macaroni &amp; Cheese and Dinner Roll Sweet &amp; Sour Cucumber Salad 100% Apple Juice Variety of Milk</p>	<b>JANUARY 24</b>  <p style="text-align: center;">Beef or Bean Nachos Supreme Spanish Beans Fruit Cup Variety of Milk</p>	<b>JANUARY 25</b>  <p style="text-align: center;">Caribbean Jerk Chicken Coconut Rice Mango Salsa Fresh Vegetable and Fresh Fruit 100% Fruit Punch Variety of Milk</p>	<b>JANUARY 26</b>  <p style="text-align: center;">Toasted Ravioli with Marinara Sauce Seasonal Roasted Vegetables Tossed Garden Salad Fruit Cup Variety of Milk</p>

## **JANUARY 2024 NPHS LUNCH MENU**

JANUARY 29	JANUARY 30	JANUARY 31		
Bosco Sticks with Pasta and Marinara Sauce Steamed Broccoli Fruit Cup Fresh Vegetable and Fresh Fruit Selection Milk	Knights Chicken Bowl with Dinner Roll Tossed Garden Salad Fresh Vegetable and Fresh Fruit Selection Milk	Soft Shell Chicken or Bean Taco Southwest Beans Fruit Cup Variety of Milk		

### **DAILY ALTERNATE ENTREES LINE 1**

Hamburger or Cheeseburger  
 Chicken Patty or Spicy Chicken Patty on Bun

### **DAILY ALTERNATE ENTREES LINE 2**

Pizza Plain  
 Monday, Wednesday and Friday – Pepperoni Pizza  
 Tuesday and Thursday – Buffalo Chicken Pizza

### **LINE 3 & 4**

Daily Menu

### **DAILY ALTERNATE VEGETARIAN ENTREES LINE 5**

Peanut Butter and Jelly Sandwich  
 Fruit Smoothie with Soft Pretzel or Yogurt Parfait  
 Veggie Burger  
 Assorted Salads may include Caesar salad, garden salad with egg  
 Monday – Max Sticks with Marinara Sauce  
 Tuesday – Buffalo Vegetarian Wrap  
 Wednesday – Bean Burrito Bowl  
 Thursday – Bosco Sticks with Marinara Sauce  
 Friday – Chana Masala with Basmati Rice

# **JANUARY 2024 NPHS LUNCH MENU**

## **DAILY ALTERNATE GRAB & GO ENTREES LINE 6**

Assorted Salads may include Caesar salad with chicken, garden salad with chicken

Assorted Salads may include Caesar salad, garden salad with egg

Cheese Hoagie

Monday – Popcorn Chicken with Dinner Roll

Tuesday – Buffalo Chicken Wrap

Wednesday – Pancakes with Sausage

Thursday – Chicken Nuggets with Dinner Roll

Friday – Chicken Tenders with Dinner Roll

## **AVAILABLE DAILY:**

**Fresh vegetables:** may include baby carrots, cucumbers, tossed salad

**Fresh fruit:** may include apples, oranges, bananas

**Variety of Variety of Milk:** unflavored 1% Variety of Milk, unflavored fat free Variety of Milk, fat free chocolate Variety of Milk

**Hot vegetables may include:** corn, peas, carrots, green beans, mixed vegetable and steamed broccoli

**Fruit cups may include:** applesauce, strawberry cup, peach cup, mixed fruit, pears

**This institution is an equal opportunity provider. Menu subject to change without notice.**

**WG = Whole Grain**

**\*All grains offered are whole grain rich**